

Diwali Traditions

Food is a big part of the Diwali festivities. The sweet treats, called *mitha*l are especially important. A month before Diwali begins, women get together to make snacks and sweets. They make them to eat and to give away during the five-day celebration. The most common ingredient in the sweets is milk. Milk can be turned into cheeses, fudge, pudding, or ice cream. Chickpeas, rice, coconut, and spices are also key Ingredients in Diwali desserts. The fifth day of Diwali is another day women spend in the kitchen. They usually make their brothers' favorite foods. They also make spec that take a lot of time to make, such as karanji Karanji -



We have been working through these paired texts and the kids love reading and learning about things they weren't aware of. The questions bring up great discussions and sometimes even research opportunities too! Great resource!

Gold is viewed as rays of light. It is worn to keep away the God of Death by and earrings to wear during the festivities.

dressingu

Diwali celebr



Jennifer W., 4th Grade Teacher

WAYS TOUSE THIS RESOURCE:

whole group or small group modeling

read and annotate the texts together, then provide the guestions for comprehension check, allowing students to use the annotated passages

completely independent practice for students reading above 4th-5th grade level

DIWALI

Diwali is the most important holiday in India. It is celebrated in October or November each year, depending on the lunar calendar. The festival runs for five days, but the main celebration happens on the third day. The holiday celebrates religious stories of victory of good over evil, which are a part of Hinduism. The followers of this religion are called Hindus. Hindus see light as a representation of knowledge and goodness, Lighting a lamp symbolizes destroying evil forces and protecting their souls from evil darkness. Diwall actually means, "rows of light," and this is exactly what the Hindus create. Hindus burn rows of small oil-filled clay lamps with cotton wicks, called diyas, during this celebration. The oil in the diyas represents negativity (such as hatred, anger, greed, and jealousy), and the wick represents their soul. The diya then symbolizes lighting their inner-self to things. (The oil burns when

the oil disar

over their t darknes

Special events and prayers happen over the five days of Diwali. On the first day, houses and businesses are cleaned and colorfully decorated to welcome Lakshmi, the Goddess of Wealth and Prosperity. On the morning of the second day, the women make rangoll, which are beautiful designs with colored powders and sand on the floor and in courtyards. The third day is the main day of the celebration. On this day. families and neighbors gather together to pray to the Goddess Lakshmi. exchange gills and sweets, and teast together. They also light lireworks and sparklers in the streets. The tourth day is celebrated in different ways across India. In the western states of India, it is their New Year's Day, according to their calendar, so there are more celebrations. In other areas of India. people spend the day in prayer. On the last day of Diwali, brothers visit their sisters to be honored, fed, and prayed over for

DIWALI TRADITIONS Food is a large part of the Diwali

festivities, especially the sweet treats, which they call mithal. A month before Diwali begins, women get together to make the snacks and sweets that they will eat as well as give away during the five-day celebration. Most treats are not baked in an oven. They are fried in oil or butter on the stove, or cooked over a fire. The most common ingredient in the sweets is milk because it can be turned into cheeses, fudge, pudding, or ice cream. Chickpeas, rice, coconut, and spices are also key ingredients in Diwali desserts. The lifth day of Diwali is another day women spend in the kilchen. They make their brothers' favorite foods, or very special freats that take a lot of time to make, such as **karanji.** Karanji are small, croscant shaped pastries filled with poppy seeds, coconut, sugar, nuts, and cardamom spice. In India, sweets are not eaten regularly, so that makes the Diwali colabration even more exciting. Another tradition of Diwali is to wear autiful, brightly-colored clothing to ct the light being celebrated. Most le participating in Diwali festivities rnew clothes. Before putting on

acy clothes, they cleanse their

skin as a symbol of washing away the evil In their life. Women wear elegant sarees made from fine materials, like silk, Sarees are large pieces of cloth that are wrapped around a female's waist and draped over her shoulder. Special Diwali sarees will often have sequins and gold thread. Women will also decorate their hands with henna, which is a temporary dye made from plants. Men often wear dhott kurta: a loose shirt worn over a largo piece of cloth wrapped around a man's walst and covering most of his legs. Young boys and girls also love dressing up in colorful costumes and robes. The days leading up to the Diwali Colobration are very busy for Jewelers as people purchase gold rings, bracelets, necklaces, and earrings to wear during the festivities. Gold is viewed as rays of light and worn to keep away the God of Death by stunning him with the shining





Use both texts to answer the fo	
oxis to answer the	
1. Which sentence had	Ollowing question
sentence have	- 400311ONS.

- Diwali marks India's new year.
- Diwali mans mans a new year.
 Diwali is a five day celebration of the victory of good over evil. Diwali is a rive day celebration of the victory of good over et Diwali is a holiday when diyas are lift and prayers are made. Diyas and rangoli are used to celebrate Diwali.
- 2. What can the reader conclude about women after reading both texts?
- They are served by their brothers.
- they are served by more bronners.
 They stay busy making gold jewelry and karanji. 3. In paragraph 2 of **Diwall Traditions**, what would be a synonym for the word.

- 4. Which is accurate in describing Diwali clothing in **Diwali Traditions?**
- made of fine materials
- all of the above
- 5. Which of the following statements is NOT true?
- Western India uses a different colendar than other locations. The oil in diyas represents negative qualities. light is an important symbol of Diwali.
- Men wear sarees and gold in celebrativ



Support you	r answer to 1	he question	with eviden	ce nom o	OIII IOAIII	
Imagine vi what you third day o	would exp	ect to see	iwali. Des on the	cribe	\$	\$ E

FOR EVERY PAIR:

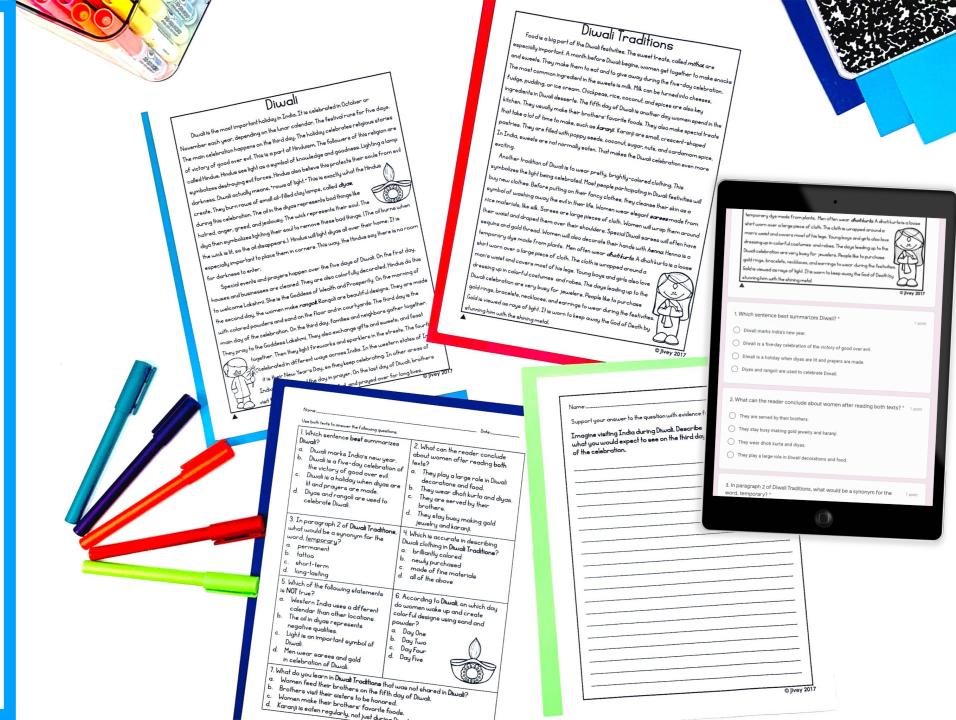
two levels of each passage for differentiation

digital (self-grading) and printable formats

seven multiple choice questions (each question assessing a different standard)

one constructed response essay prompt

two styles of articles: 2-column and full page



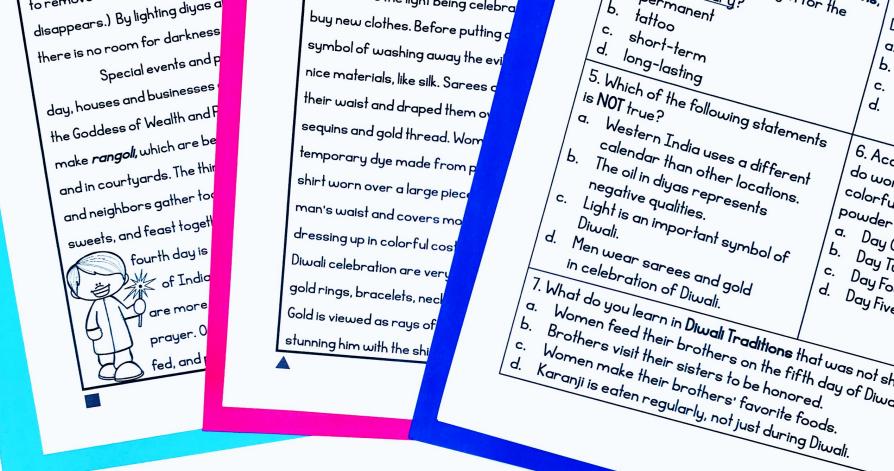
TWO LEVELS PROVIDED OF **EVERY PASSAGE**

on grade level for 4-5 AND

on grade level for 6-7

discreet symbols on the passages to denote the level of passage

the same questions can be answered no matter the level given



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PASSAGES INCLUDED:

the Festivals of Lights that occur in Thailand, Taiwan, and China compared to the International Balloon Fiesta in the US.

nd the holiday's food and clothing traditions.

♠ Dia de los Muertos (Day of the Dead), and Catrina: the icon of the holiday.

ANSWER KEYS NOTE CORE STANDARDS

HOT-AIR BALLOONS

competito

fireworks. However, the majority of the

slowly ascending into the sky with a loud WHOOSH of fire from the burners at the base of a colorful balloon. Once you are take you! At the very top of the balloon ready to descend back to the ground. the vent is opened, the hot air escapes,

Now imagine standing with 100,000 onlookers in a park the size of fifty-four football fields filled with hundreds of hotair balloons! You would be attending the Albuquerque International Balloon Fiesta in New Mexico, USA, held annually in October. The Balloon Fiesta has grown each year since 1972, and today, it is the Hundreds of hot-air halloons fill the sha with gorgeous, bright colors. Some of the hot-air balloons are even designed in unique shapes like cows, monsters, and spectacular colors of the balloons draws photographers to this event. It is the world's most photographed event, with twenty-five million pictures taken during

Festival of Liahts

A tradition in Chiang Mai, Thailand that has been around for hundreds of years w brings visitors from all over the world in mid-November. The Yi Pena Festival is a elebration of the full moon in the second month of the Lanna calendar. Yi, translated Old Citu aate. However, that is not what travelers come to see. Visitors want to witnes e release of skulanterns. These lanterns are made of rice paper. Inside the lant ere is a small candle. When the candle is lit, the heat rises and unches the lantern into the air. During Yi Peng, hundreds of terns are released into the air at once. The Lanna people of Northern Thailand believe that releasing the lantern and seeing i isappear before the fire goes out will end a person's bad luck who pray to Buddha also make a wish on the lantern, and they believe the wis and deeds throughout the following year Support your ensurer to the question with evidence from both texts

nese calendar, children go out wit or even made in animal shapes ol of letting go of their past selves

. At the start of spring when it was sku lanterns as a prayer for the I to their families that all was well. The he Taiwan Tourism Bureau in 1990. In wishes and released into the sky. The with travelers who come to see the

day, houses and businesses are cleaned and colorfullu the Goddess of Wealth and Prosperity. On the morning nake *rangoll*, which are beautiful designs with colore and in courtyards. The third day is the main day of the and neighbors gather together to pray to the Godde / weets, and feast together. They also light firework

fourth day is celebrated in different ways are more celebrations. In other areas would be a synonym for the prayer. On the last day of Diwali, broth

and prayers are made.

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Brother's wall that exister to be horacle.

Let a good format format.

Karanji is eafen regularly, not just during Diwali

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lovember each uear, depending on the lunar calendar. The festival runs for five dau

but the main celebration happens on the third day. The holiday celebrates religious

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disappears.) By lighting diyas all over their home, especic " to corners, the Hindus say

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> 2. What can the reader conclude at women after reading both texte? vali is a holiday when diyas are lif hey wear dhotikurta and diyas hey are served by their brothers

Catrina

How are sky lanterns and hot-air balloons the same?

The response may include but is not limited to

In the early 1900s, José Guadalupe Posada, a famous Mexican illustrator, dro female skeleton in a fancy French hat. At that time, Posada saw Mexican natives mitating sophisticated, rich European society, as though they were ashamed of their culture. Posada was truing to show in his art that in the end, everyone will be a

In 1947, Diego Rivera, a man married to the famous artist Frida Kahlo, include osada's skeleton in his mural. The mural is called *Dream of a Sunday Afternoon in* Alameda Park and is located in Mexico City. He dressed her in fancy clot accessories, and named the skeleton Calavera Catrina, which means ele-Catring is also slang for "the rich" Although Posada created her originally i hat made her popular. She became one of the most well-known symbols of the holiday, the Day of the Dead. There are Catrina parades each year on the holiday, and 2016, the largest gathering of people dressed up as Catrina happened with 865 participants in Celaua, Guanajuato, Mexico

turn it into candy to eat it, and we craft it with different

celebrated mostly in Mexico. In English that means the "Day of the Dead." It's celebrated on the first two days of November, This holiday is a joyful ancestors. It is a celebration for ancestor who have died. The tradition for afraid of death or sad about it. The Day the life that people did get to live.

The first tradition of the holiday instruments or books. Marigold flower and petals are also placed on altars and graves, too. This is to help wandering souls find their place of rest. Skeletons and skulls, or **calaveras**, are a symbol of Día de los Muertos. Mexicans will ofter place clay, plastic, or sugar skulls on the

through the day and night. Families gather in the cemetery to eat together fancy dresses and suits. Catring is one of

Life-size skeletons, called calacas, are decorate the towns Calacas can be found everywhere. They wear colorful like playing guitar, cooking and dancing. Giant skeleton floats are made for

DIWALITRADITIONS

are large pieces of cloth that are large piece of cloth wrapped ground man's waist and covering most of his leas. Young boys and airls also love dressing up in colorful costumes and robes. The days leading up to the Diwa cklaces, and earrings to wear during

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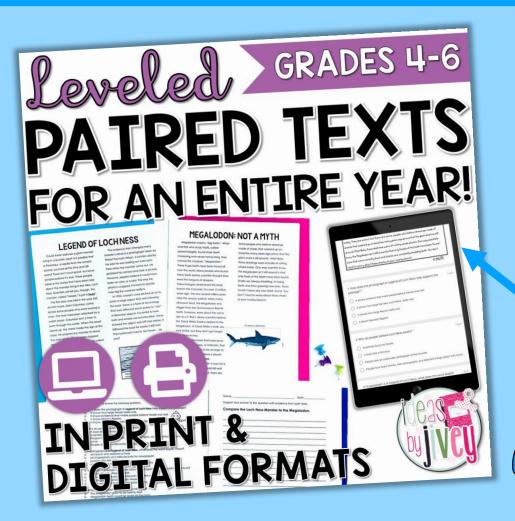
in their life. Women wear elegant sarees

made from fine materials, like silk. Saree

DÍA DE LOS MUERTOS

ere are even Catrina parades

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